

JANUARY 2023 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
EACN CLOSED	Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4"pieces) Applesauce, Cooked Carrots	Breast Milk or iron-fortified formula Ground Chicken Broccoli Peaches	Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	Breast Milk or iron-fortified formula Black Beans Broccoli Pears
Breast Milk or iron-fortified formula Ground Chicken Green Beans Mixed Fruit	Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4"pieces) Applesauce, Cooked Carrots	Breast Milk or iron-fortified formula Ground Chicken Squash Peaches	Breast Milk or iron-fortified formula Ground Turkey Breast Yams Bananas	Breast Milk or iron-fortified formula Black Beans Peas Pears
Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Pears	Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces) Peaches Cooked Carrots	Breast Milk or iron-fortified formula Ground Chicken Squash Peaches	Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Mixed Fruit	Breast Milk or iron-fortified formula Black Beans Peas Cantaloupe
Breast Milk or iron-fortified formula Ground Turkey Breast Cooked Carrots Bananas	Breast Milk or iron-fortified formula Mozzarella Cheese Stick Broccoli Peaches	Breast Milk or iron-fortified formula Ground Chicken Peas Pears	Breast Milk or iron-fortified formula Ground Turkey Breast Broccoli Bananas	
Breast Milk or iron-fortified formula Ground Turkey Breast Cooked Carrots Applesauce	Breast Milk or iron-fortified formula Mozzarella Cheese Stick Peas Pears			

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.