

# JULY 2018 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Mixed Fruit	3 Breast Milk or iron-fortified formula Mozzarella Cheese Stick Avocado Mixed Fruit	4 EACN CLOSED	5 Breast Milk or iron-fortified formula Ground Chicken Breast Yams Bananas	6 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone) Peas, Bananas
9 Breast Milk or iron-fortified formula Ground Chicken Breast Green Beans Peaches	10 Breast Milk or iron-fortified formula Pinto Beans Peas Bananas	11 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks cut Avocado Pears	12 Breast Milk or iron-fortified formula Ground Turkey Breast Yams Mixed Fruit	13 Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Watermelon
16 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Mixed Fruit	17 Breast Milk or iron-fortified formula Pinto Beans Yams Peaches	18 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone) Broccoli, Mixed Fruit	19 Breast Milk or iron-fortified formula Homemade Mac&Cheese (Cheddar), Peas Banana	20 Breast Milk or iron-fortified formula Ground Turkey Breast Cooked Carrots Pears
23 Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	24 Breast Milk or iron-fortified formula Grilled Cheese(Provolone) Yams Applesauce	25 Breast Milk or iron-fortified formula Ground Chicken Cooked Carrots Pears	26 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Applesauce	27 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone), Broccoli Mixed Fruit
30 Breast Milk or iron-fortified formula Ground Turkey Breast Squash Pears	31 Breast Milk or iron-fortified formula Pinto Beans Yams Bananas			

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

\*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.