

SEPTEMBER 2022 INFANT LUNCH MENU 1130-0001

6-12 months

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| | | | 1 | 2 |
| | | | Breast Milk or iron-fortified formula Ground Turkey Breast Broccoli Applesauce | Breast Milk or iron-fortified formula Grilled Cheese Sandwich (WGR, Provolone) Peas, Cooked Carrots |
| 5 | 6 | 7 | 8 | 9 |
| EACN CLOSED | Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces) Peas, Melon | Breast Milk or iron-fortified formula Ground Chicken Squash Pears | Breast Milk or iron-fortified formula Ground Turkey Breast Yams Peaches | Breast Milk or iron-fortified formula Grilled Cheese Sandwich (WGR, Provolone) Green Beans, Bananas |
| 12 | 13 | 14 | 15 | 16 |
| Breast Milk or iron-fortified formula Ground Turkey Breast Peas Applesauce | Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces), Broccoli Grapes (cut 1/4" pieces) | Breast Milk or iron-fortified formula Ground Chicken Mixed Fruit Green Beans | Breast Milk or iron-fortified formula Ground Turkey Breast Peas Banana | Breast Milk or iron-fortified formula Grilled Cheese Sandwich (WGR, Provolone) Yams, Pears |
| 19 | 20 | 21 | 22 | 23 |
| Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches | Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces), Yams Applesauce | Breast Milk or iron-fortified formula Ground Chicken Green Beans Peaches | Breast Milk or iron-fortified formula Ground Turkey Breast Peas Applesauce | Breast Milk or iron-fortified formula Grilled Cheese Sandwich (WGR, Provolone), Broccoli Mixed Fruit |
| 26 | 27 | 28 | 29 | 30 |
| Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches | Breast Milk or iron-fortified formula Mozzarella Cheese Stick Yams Bananas | Breast Milk or iron-fortified formula Ground Chicken Green Beans Pears | Breast Milk or iron-fortified formula Turkey Breast Peas Peaches | Breast Milk or iron-fortified formula Grilled Cheese Sandwich Broccoli Mixed Fruit |

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.