

NOVEMBER 2018 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Breast Milk or Iron-fortified formula Ground Chicken Breast Yams Peaches	Breast Milk or Iron-fortified formula Cheese Pizza Peas Bananas
5	6	7	8	9
Breast Milk or Iron-fortified formula Ground Chicken Breast Green Beans Peaches	Breast Milk or Iron-fortified formula Pinto Beans Peas Bananas	Breast Milk or Iron-fortified formula Mozzarella Cheese Sticks cut Avocado Pears	Breast Milk or Iron-fortified formula Ground Turkey Breast Yams Mixed Fruit	Breast Milk or Iron-fortified formula Pinto Beans Cooked Carrots Applesauce
12	13	14	15	16
Breast Milk or Iron-fortified formula Grilled Cheese(Provolone) Green Beans Pears	Breast Milk or Iron-fortified formula Pinto Beans Yams Peaches	Breast Milk or Iron-fortified formula Ground Turkey Breast Mashed Potatoes Squash, Mixed Fruit	Breast Milk or Iron-fortified formula Homemade Mac&Cheese (Cheddar), Peas Banana	Breast Milk or Iron-fortified formula Cheese Pizza Cooked Carrots Pears
19	20	21	22	23
Breast Milk or Iron-fortified formula Ground Turkey Breast Green Beans Peaches	Breast Milk or Iron-fortified formula Cheese(Provolone) Sand. Yams Applesauce	Breast Milk or Iron-fortified formula Ground Chicken Mashed Potatoes, Peas Pears	EACN CLOSED	EACN CLOSED
26	27	28	29	30
Breast Milk or Iron-fortified formula Hot Turkey Yams Pears	Breast Milk or Iron-fortified formula Mozzarella Cheese Sticks (cut) Peas Bananas	Breast Milk or Iron-fortified formula Ground Chicken Peas Peaches	Breast Milk or Iron-fortified formula Baked Cheese Sandwich Yams Applesauce	Breast Milk or Iron-fortified formula Cheese Pizza Green Beans Grapes (cut)

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ Iron FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.