

# FEBRUARY 2023 INFANT LUNCH MENU 1130-0001

6-12 months

Monday

Tuesday

Wednesday

Thursday

Friday

			1	2	3
		Breast Milk or iron-fortified formula Ground Chicken Green Beans Bananas		Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	Breast Milk or iron-fortified formula Black Beans Broccoli Pears
6	7	8	9	10	
Breast Milk or iron-fortified formula Ground Chicken Green Beans Mixed Fruit	Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces) Cooked Carrots Applesauce	Breast Milk or iron-fortified formula Ground Chicken Squash Peaches	Breast Milk or iron-fortified formula Ground Turkey Breast Yams Bananas	Breast Milk or iron-fortified formula Black Beans Peas Pears	
13	14	15	16	17	
Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Pears	Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces) Peaches Cooked Carrots	Breast Milk or iron-fortified formula Ground Chicken Squash Peaches	Breast Milk or iron-fortified formula Ground Turkey Breast Broccoli Mixed Fruit	Breast Milk or iron-fortified formula Black Beans Peas Cantaloupe	
20	21	22	23	24	
Breast Milk or iron-fortified formula Ground Turkey Breast Cooked Carrots Bananas	Breast Milk or iron-fortified formula Mozzarella Cheese Stick Broccoli Peaches	Breast Milk or iron-fortified formula Ground Chicken Peas Pears	Breast Milk or iron-fortified formula Ground Turkey Breast Broccoli Bananas	Breast Milk or iron-fortified formula Black Beans Yams Applesauce	
27	28				
Breast Milk or iron-fortified formula Ground Turkey Breast Cooked Carrots Applesauce	Breast Milk or iron-fortified formula Mozzarella Cheese Stick Peas Pears				

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

\*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.