

# SEPTEMBER 2022 LUNCH MENU 1130-0001

1-5 YR. OLDS

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Turkey and Cheese Sandwich (WGR) Peas Peaches	Sunbutter & Jelly Sandwich (WGR) Mozzarella Cheese Stick Pineapple, Carrots * Cooked Carrots
5	6	7	8	9
EACN CLOSED	Mac & Cheese Bread & Butter (WGR) Green Salad *Peas Melon	Turkey & Cheese Sandwich (WGR) Squash Pears	Goulash Bread & Butter (WGR) Corn on the cob * Peas Mandarin Oranges *Peaches	Hamburger on a Bun (WGR) Green Beans Bananas
12	13	14	15	16
Fish Shapes (CNL) Dinner Roll (WGR) Apples, *Applesauce Yams	Pasta w/ Sauce and Mozzarella Cheese Dinner roll (WGR) Grapes *cut 1/4 pieces Broccoli	Chicken Nuggets (CNL) Bread & Butter (WGR) Pineapple Green Beans	Cheese Pizza (WGR Crust) Green Salad *Peas Bananas	Ham & Cheese Sandwich (WGR) Pears Yams
19	20	21	22	23
Beef Tacos Corn on the cob * Peas Grapes *cut 1/4" pieces	Grilled Cheese (WGR) Tomato Soup Yams Applesauce	Chicken Nuggets (CNL) Bread & Butter (WGR) Green Beans Watermelon	Chicken Salad Wrap Fruit Salad Corn on the cob * Peas	Turkey & Cheese Sandwich (WGR) Broccoli Bananas
26	27	28	29	30
Ham & Cheese Sandwich (WGR) Peas Peaches	Chicken Fingers Brown Rice Corn on the Cob Watermelon	Egg & Cheese on Pita Yams Banana	Fish Shapes (CNL) Brown Rice Broccoli Apples, *Applesauce	Cheese Pizza (WGR crust) Green Salad Pears

\*INFANTS AGES 1-2

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED  
SKIM MILK (2-5yrs), WHOLE MILK (1-2) IS SERVED WITH LUNCH