## DECEMBER 2019 INFANT LUNCH MENU 1130-0001

6-12 months							
Monday	Tuesday		Wednesday		Thursday		Friday
2		3		4		5	6
Breast Milk or	Breast Milk or		Breast Milk or		Breast Milk or		Breast Milk or
Iron-fortified formula	Iron-fortified formu	la	Iron-fortified formula		Iron-fortified formul	a	Iron-fortified formula
Ground Turkey Breast	Pinto Beans		Ground Chicken Breast		Ground Turkey		Mozzarella Cheese Sticks(cut
Green Beans	Peas		Baked Beans		Cooked Carrots		small pieces), Peas
Mixed Fruit	Peaches		Applesauce		Pears		Bananas
9		10		11		12	13
Breast Milk or	Breast Milk or		Breast Milk or		Breast Milk or		Breast Milk or
Iron-fortified formula	Iron-fortified formu	la	Iron-fortified formula		Iron-fortified formul	α	Iron-fortified formula
Ground Chicken Breast	Pinto Beans		Ground Turkey Breast		Ground Turkey		Mozzarella Cheese Sticks(cut
Green Beans	Peas		Avocado		Yams		small pieces), Beans
Peaches	Pears		Mixed Fruit		Pears		Applesauce
16		17		18		19	20
Breast Milk or	Breast Milk or		Breast Milk or	,	Breast Milk or		Breast Milk or
Iron-fortified formula	Iron-fortified formu	la	Iron-fortified formula		Iron-fortified formul	α	Iron-fortified formula
Ground Chicken Breast	Pinto Beans		Ground Turkey Breast		Ground Turkey		Mozzarella Cheese Sticks(cut
Peas	Green Beans		Mashed Potatoes		Peas		small pieces), Cooked Carrots
Peaches	Pears		Applesauce		Banana		Grapes (cut)
23		24		25		26	27
Breast Milk or				<u> </u>			Breast Milk or
Iron-fortified formula	EACN CLOSED		EACN CLOSED		EACN CLOSED		Iron-fortified formula
Ground Chicken Breast							Mozzarella Cheese Sticks(cut
Broccoli							small pieces), Peas
Mixed Fruit							Fruit Salad
30		31					
Breast Milk or							
Iron-fortified formula	EACN CLOSED						
Ground Chicken Breast							
Green Beans							
Mixed Fruit							

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ Iron FORMULA IS OFFERED

<sup>\*</sup>Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.