

# SEPTEMBER 2019 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
2 EACN CLOSED	3 Breast Milk or iron-fortified formula Black Beans Peas Mixed Fruit	4 Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Peaches	5 Breast Milk or iron-fortified formula Ground Turkey Breast (cut) Avocado Banana	6 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Peas Pears
9 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	10 Breast Milk or iron-fortified formula Pinto Beans Peas Mixed Fruit	11 Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Bananas	12 Breast Milk or iron-fortified formula Ground Turkey Breast Mashed Potatoes Peaches	13 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Yams Applesauce
16 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	17 Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Mixed Fruit	18 Breast Milk or iron-fortified formula Ground Chicken Breast (Provolone) Broccoli, Pears	19 Breast Milk or iron-fortified formula Ground Turkey Breast (cut), Green Beans Applesauce	20 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Broccoli Fruit Salad
23 Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	24 Breast Milk or iron-fortified formula Black Beans Yams Applesauce	25 Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Pears	26 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Applesauce	27 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) (Provolone), Broccoli Mixed Fruit
30 Breast Milk or iron-fortified formula Ground Turkey Breast Cooked Carrots Pears				

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

\*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.