

JUNE 2019 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breast Milk or Iron-fortified formula Mozzarella Sticks Cooked Carrots Banana	4 Breast Milk or Iron-fortified formula Ground Turkey Peas Mixed Fruit	5 Breast Milk or Iron-fortified formula Kidney Beans Cooked Carrots Peaches	6 Breast Milk or Iron-fortified formula Ground Turkey Green Beans Pears	7 Breast Milk or Iron-fortified formula Black Beans Peas Pears
10 Breast Milk or Iron-fortified formula Ground Chicken Breast Green Beans Peaches	11 Breast Milk or Iron-fortified formula Mozzarella Sticks Peas Mixed Fruit	12 Breast Milk or Iron-fortified formula Kidney Beans Cooked Carrots Bananas	13 Breast Milk or Iron-fortified formula Ground Turkey Green Beans Peaches	14 Breast Milk or Iron-fortified formula Black Beans Yams Applesauce
17 Breast Milk or Iron-fortified formula Ground Chicken Breast Green Beans Peaches	18 Breast Milk or Iron-fortified formula Mozzarella Sticks Cooked Carrots Mixed Fruit	19 Breast Milk or Iron-fortified formula Kidney Beans Broccoli Bananas	20 Breast Milk or Iron-fortified formula Ground Turkey Green Beans Pears	21 Breast Milk or Iron-fortified formula Black Beans Cooked Carrots Applesauce
24 Breast Milk or Iron-fortified formula Ground Chicken Breast Broccoli Mixed Fruit	25 Breast Milk or Iron-fortified formula Mozzarella Sticks Peas Peaches	26 Breast Milk or Iron-fortified formula Kidney Beans Yams Bananas	27 Breast Milk or Iron-fortified formula Ground Turkey Green Beans Applesauce	28 Breast Milk or Iron-fortified formula Black Beans Peas Fruit Salad

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ Iron FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.