

MAY 2018 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Breast Milk or iron-fortified formula Homemade Mac & Cheese (Cheddar) Peas Peaches	Breast Milk or iron-fortified formula Ground Turkey Breast Squash Pears	Breast Milk or iron-fortified formula Ground Chicken Breast Yams Bananas	Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Mixed Fruit
7	8	9	10	11
Breast Milk or iron-fortified formula Ground Chicken Breast Green Beans Peaches	Breast Milk or iron-fortified formula Pinto Beans Peas Bananas	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks (cut) Avocado Pears	Breast Milk or iron-fortified formula Ground Turkey Breast Yams Mixed Fruit	Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Watermelon
14	15	16	17	18
Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Mixed Fruit	Breast Milk or iron-fortified formula Pinto Beans Yams Peaches	Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone) Broccoli, Mixed Fruit	Breast Milk or iron-fortified formula Homemade Mac&Cheese (Cheddar), Peas Banana	Breast Milk or iron-fortified formula Ground Turkey Breast Cooked Carrots Pears
21	22	23	24	25
Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	Breast Milk or iron-fortified formula Grilled Cheese(Provolone) Yams Applesauce	Breast Milk or iron-fortified formula Ground Chicken Cooked Carrots Pears	Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Applesauce	Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone), Broccoli Mixed Fruit
28	29	30	31	
EACN CLOSED MEMORIAL DAY	Breast Milk or iron-fortified formula Pinto Beans Yams Bananas	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks (cut) Avocado Mixed Fruit	Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone) Peas, Bananas	

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.