

OCTOBER 2018 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Pears	2 Breast Milk or iron-fortified formula Pinto Beans Peas Bananas	3 Breast Milk or iron-fortified formula Grilled Cheese Sandwich Cooked Carrots Pears	4 Breast Milk or iron-fortified formula Ground Chicken Breast Yams Peaches	5 Breast Milk or iron-fortified formula Cheese Pizza Peas Bananas
8 Breast Milk or iron-fortified formula Ground Chicken Breast Green Beans Peaches	9 Breast Milk or iron-fortified formula Pinto Beans Peas Bananas	10 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks cut Avocado Pears	11 Breast Milk or iron-fortified formula Ground Turkey Breast Yams Mixed Fruit	12 Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Bananas
15 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Mixed Fruit	16 Breast Milk or iron-fortified formula Pinto Beans Yams Peaches	17 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone) Broccoli, Mixed Fruit	18 Breast Milk or iron-fortified formula Homemade Mac&Cheese (Cheddar), Peas Banana	19 Breast Milk or iron-fortified formula Cheese Pizza Cooked Carrots Pears
22 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	23 Breast Milk or iron-fortified formula Grilled Cheese(Provolone) Yams Applesauce	24 Breast Milk or iron-fortified formula Ground Chicken Cooked Carrots Pears	25 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Applesauce	26 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone), Broccoli Mixed Fruit
29 Breast Milk or iron-fortified formula Hot Turkey Yams Mixed Fruit	30 Breast Milk or iron-fortified formula Mozarella Cheese Sticks (cut) Peas Bananas	31 Breast Milk or iron-fortified formula Cheese Pizza Green Beans Watermelon		

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.