

JULY 2019 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breast Milk or iron-fortified formula Ground Turkey Breast (cut) Avocado Banana	2 Breast Milk or iron-fortified formula Black Beans Peas Mixed Fruit	3 Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Peaches	EACN CLOSED	5 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Peas Pears
8 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	9 Breast Milk or iron-fortified formula Pinto Beans Peas Mixed Fruit	10 Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Bananas	11 Breast Milk or iron-fortified formula Ground Turkey Breast Mashed Potatoes Peaches	12 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Yams Applesauce
15 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	16 Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Mixed Fruit	17 Breast Milk or iron-fortified formula Ground Chicken Breast Provolone Broccoli, Pears	18 Breast Milk or iron-fortified formula Ground Turkey Breast (cut), Green Beans Applesauce	19 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Cooked Carrots Pears
22 Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	23 Breast Milk or iron-fortified formula Black Beans Yams Applesauce	24 Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Pears	25 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Applesauce	26 Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Provolone, Broccoli Mixed Fruit
29 Breast Milk or iron-fortified formula Ground Turkey Breast Squash Pears	30 Breast Milk or iron-fortified formula Pinto Beans Yams Bananas	31 Breast Milk or iron-fortified formula Ground Chicken Breast Provolone, Cooked Carrots Peaches		

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.